



Island Bay School

NEWSLETTER

Term 3 - 26 August 2022, Issue 27/22

PRINCIPAL'S NEWS

Kia ora e te whānau,



It has been so exciting to see Freedom Friday start for this term.

Our students have had a huge variety of options to choose from including dance, drama, netball, basketball, crafts, cooking, forest school and construction.

Thanks to all our staff and adult helpers for taking these wonderful activities! [Here](#) are some photos of the learning in action.

How are you doing?

Good? Great? Relaxed? Tired? Worried? Busy? Stressed? Hanging in there?

This week we have put a special focus on building resilience at our Kura.

Resilience can be described as an emotional muscle that we all possess to some degree. With determination and practice, we can develop and strengthen it even further. Being aware of why we need it and how important it is can encourage us to work on increasing it.

We know that how we cope and practice resilience during uncertain times can be the key to resilience. We know we need to check in with ourselves and others about how we are feeling in all dimensions of our wellbeing:

- Taha tinana (physical health)
- Taha wairua (spiritual health)
- Taha whānau (family health)
- Taha hinengaro (mental health)

This week as a Kura we have been focusing on learning from mistakes, problem-solving and learning to be more flexible this week.

Ways to build resilience can include:

- learning to be more flexible
- nurturing yourself; taking care of your physical and mental health
- learning from your mistakes
- understanding over which things you have, or do not have, control
- improving your problem-solving skills
- developing a sense of humour
- drawing upon friends and loved ones for support and encouragement
- maintaining balance in your life
- cultivating a positive outlook

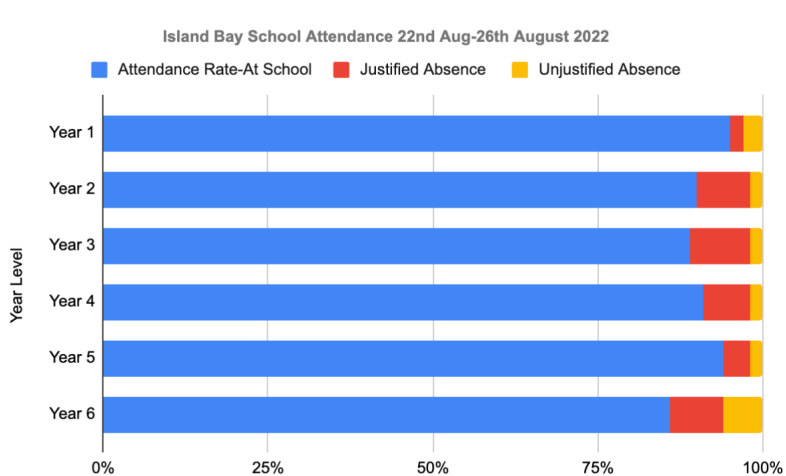
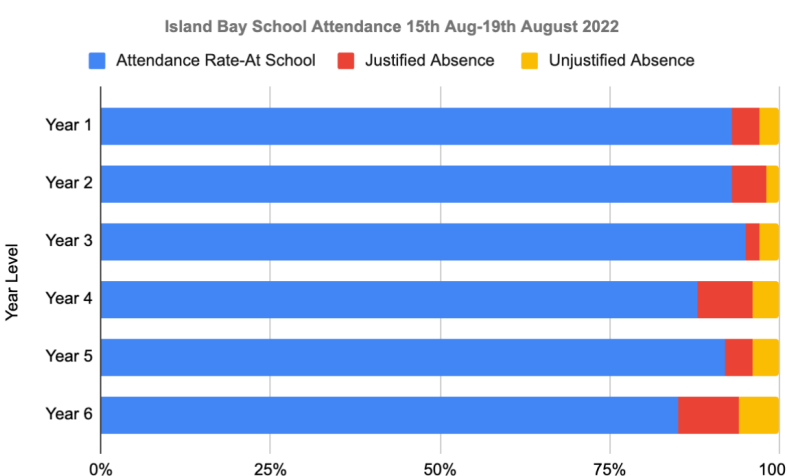
Over the weekend find some time to check in with your children and see if you can have a korero around how you build resilience together and the strategies you can use to build resilience.

Masks in Schools

We will still be encouraging mask-wearing in school for the foreseeable future as it is supporting our battle against winter sickness. We thank you for your support with this and for ensuring your tamariki have masks daily.

Attendance

Thank you to all those parents who have worked hard to get their tamariki to school this week. Looking at the last two weeks, we have had varying results. In some Year Groups the data shows an improvement and in others a decline in attendance



Present- Onsite for learning (blue)

Justified- sick, working from home (red)

Unjustified- Holidays and no notification to the school (yellow)

Just a reminder to keep our in-person "Have your say" planning for 2023-2026 session on 8 September in your diaries. We'd love to have your input.

Noho ora mai, have a great weekend,

Deborah Fenton

Island Bay School Principal

IMPORTANT DATES FOR YOUR DIARY

Term 3 Dates

See 2022 Term dates, School hours and a School map [here](#)

Please continue to check the Island Bay School App for all upcoming events, or the [Community Calendar](#)

- 1 Sep - Coffee Connection - Korimako, Tui
- 2 Sep - Coffee Connection - Rimurimu, Harakeke
- 7 Sep - School Board voting closes
- 8 Sep - "Have Your Say" Parent Session in person - planning for the next 3 years, 7.30pm
- 13 Sep - Artsplash

School Notices & News and Community News

For realtime updates & full info, see the [Notices, News & Reminders](#) section of our Island Bay School website.

- [Social ballroom lessons in Island Bay - all welcome!](#)
- [Island Bay Residents Association Survey - have your say](#)
- [Sun PM Yoga](#)
- [Art with Andrea](#)
- [Island Bay Tennis & Squash Club](#)

Artsplash tickets!

These are now available to purchase on Kindo - limit of 4 x per family - 5pm, 13 September at the Michael Fowler Centre.

Headlice are back!

From time to time, like all schools, we get head lice outbreaks. Please check your child's hair for small white eggs or live lice. Inspect your child's clothes, particularly hats, shirts, scarves, and coats that have been worn during the past 48 hours, looking for lice and eggs. See [here](#) for information on how to get rid of these nasty visitors.

School Out-of-Zone Placements now OPEN

Island Bay School has opened its Out of Zone placements for 2023.

Applications for Out of Zone, places for 2023 are welcomed. The ballot invites up to 15 students in all year groups for 2023.

Further information, including criteria and application forms available [here](#) or from the school office or at www.islandbay.school.nz/new-families.

Applications open on 26 August 2022 and close on 15 September 2022, with a ballot draw on 16 September 2022.

Missed your school photo?

Any families who missed out on sibling or individual photos can contact Inspire Photography direct on 04 384 8009 to book a 5 min appointment at their studios in Thorndon Quay.



The School Fair is BACK!

Please contact Natalie at [Home and School](mailto:homeandschool@islandbay.school.nz) (homeandschool@islandbay.school.nz) if you are able to help.

Sign up to help here!

SCHOOL NEWS & SHOUT OUTS

Shout out for Leo A in Rimurimu! He came up with the idea of "Marble club" which runs in Rimurimu at lunchtime. It has been so popular! It's really inclusive and lots of tuakana-teina (older-younger) relationships are being created. Great initiative Leo, well done!



Shout Out to Etta for independently leading Mindfulness Movements session techniques (during Kowhai Connection) learned from the Pause, Breathe, Smile programme. Fantastic student agency in action, well done Etta.



Finally a Shout Out to our wonderful Student Council reps who you may have seen around school on Thursday asking if you'd mind filling in the Strategic Direction survey.

It's really important that we hear the whānau voice as we plan for the next 3 years. We'd love to see you at our *"Have your say" Parent Session* on 8 September!

SCHOOL SPORTS

Futsal Festival 13-15 September!

Over 100 of our tamariki have signed up which is fantastic!

See the futsal teams [here](#). We need still need more parent managers (we only have 3 so far!). Please contact Alice (alice@islandbay.school.nz) if you can help.

Term 4 Touch Rugby

Touch rugby will be at Kilbirnie Park in Term 4 due to Wakefield Park being under repair for three months, while the turf is getting relaid.

Thanks Pedal Ready!

Finally, a big thank you to Pedal Ready for all of their wonderful teaching of our children to get them bike ready for their future.

Annual Wellington and Kapi Mana Primary and Intermediate Tennis Tournament

This is an optional tournament. See details [here](#).