

# A Focus on Positive Behaviour

Our first inquiry of the year has been focusing on four of our IBS 'We Care' values: empathy, whanaungatanga, collaboration and active citizenship. During the inquiry, students have explored these values in depth, with an aim to being able to articulate how they contribute to building a strong community.

As a result of this inquiry, students are now able to confidently speak about each value and how we can display these to each other as individuals. Our next step is to support students to 'walk the talk'; consistently making good choices when it comes to behaviour both in the learning spaces and the playground.

As a follow-up to our inquiry, Tūi and Korimako students spent two days on a 'Mindset Reset'. This involved participating in workshops targeting the areas which help us to display positive social and learner behaviour. The workshops covered: respect, active listening, team building, problem solving, blockers and drivers, being prepared for learning, doing more than is expected and mindfulness. We are constantly reinforcing these messages.



## PB4L: A School-Wide Focus

Our 'Mindset Reset' at VP aligns with a school-wide focus over the next three years on PB4L - Positive Behaviour For Learning. This is a programme run by the Ministry of Education that helps schools build a culture where positive behaviour and learning is a way of life. It is a framework that is tailored to our school's own environment and cultural needs.

We are currently collecting whānau and akonga voices about Island Bay School and aim to start conversations. We encourage you to take time to check out the PB4L wall in the main entrance, and add any thoughts/ideas you might have. This is not only a school-wide focus, but that invites whānau participating and support. We are all in this waka together.

**PB4L SCHOOL-WIDE**

PB4L School-Wide has been implemented by **602 schools** (1/4 of all New Zealand schools [2,500 schools in NZ])

**243,500** Students in a PB4L environment (more than the combined population of Dunedin and Tauranga)

- A more respectful, safe and inclusive school and environment.
- Positive changes in students' ability to reflect on and manage their own behaviour less disruption in class
- Decreases in major behaviour incidents
- Improved systems for collecting and reporting data on behaviour
- Better ways to deal with behaviour incidents
- It's not a 'quick fix' - 3-5 years to embed and see the results

Positive Behaviour For Learning

## The Highlights

*What have we been focusing on?*

### Is someone bothering you? Use your WITS!

- Walk away
- Ignore
- Tell someone you trust
- Stay calm

### Mindfulness

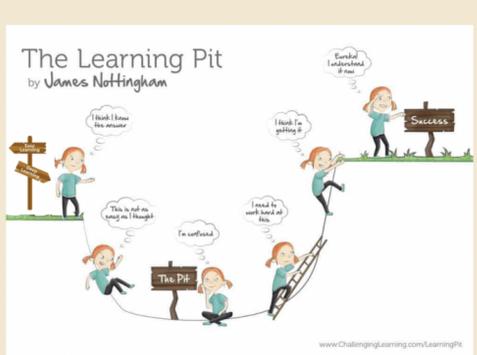
- Leaving our worries at the door.
- Respecting people's bubbles.
- Listening to what people have to say.
- Having a go at new things with a smile.

### Blockers and Drivers

- Identifying our blockers in our learning and what drives us.
- Setting goals to help us overcome our blockers.

### Learning Pit

- Using language like 'I can't do it...yet'.
- Understanding that new learning can be hard, and identifying what can help us get to where we need to be.



## How can you help at home?

- Talk to your children about their blockers and drivers in their learning
- Encourage peaceful conflict resolution. Help students to see things from others' perspectives.
- Do encourage your children to talk with their teachers as issues arise. The sooner the better!
- Keep precious things like toys at home.
- For some fun wellbeing activities, see [www.sparklers.org.nz/parenting](http://www.sparklers.org.nz/parenting)

We look forward to working with you to continue to encourage and support positive behaviour.

If you have any questions about our Mindset Reset or PB4L, please email or pop in and see us. Coffee mornings are also a great way to connect.